

**REPORT TO:** Health and Wellbeing Board  
**DATE:** 3 October 2018  
**REPORTING OFFICER:** Director of Public Health  
**PORTFOLIO:** Children, Education and Social Care  
**SUBJECT:** Integrated Wellness Service Annual Report  
**WARD(S)** Borough-wide

**1.0 PURPOSE OF REPORT**

1.1 To present to the Health and Wellbeing Board the Annual Report for Halton's Integrated Wellness Service for the period April 2017 – March 2018.

**2.0 RECOMMENDATION: That the report be noted.**

**3.0 SUPPORTING INFORMATION**

3.1 Halton's Integrated Wellness service comprises Halton's Health Improvement team and Sure Start to Later Life Service. The integrated team via Divisional Manager is jointly accountable to the Director of Public Health and Health Protection and the Director for Adult Services.

3.2 Halton's Integrated Wellness Service plays a critical part in delivering improved health and wellbeing for all ages across the borough through a range of statutory services.

The current functions of the Integrated Wellness Service can be summarised into three areas, as follows: -

- Start Well – Working within the community and schools to give every child in Halton the best possible start in life.
- Live Well – Helping adults and families lead healthier and more active lifestyles
- Age Well – Supporting healthy and active ageing for all people in the Borough.

Traditionally, efficiencies have been delivered through improved delivery of care but meeting the current goals of saving lives, reducing morbidity, improving quality, being more cost effective and reducing inequalities requires innovative solutions and a focus on stemming demand through delaying or preventing the onset of need.

The Integrated Wellness Service therefore uses evidence based approaches with value for money to deliver a range of preventative services aimed at improving outcomes in the key priority areas of the Halton Health and Wellbeing Strategy:

- **Children and Young People:** improved levels of early child development
- **Generally Well:** increased levels of physical activity and healthy eating and reduction in harm from alcohol
- **Long-term Conditions:** reduction in levels of heart disease and stroke
- **Mental Health:** improved prevention, early detection and treatment
- **Cancer:** reduced level of premature death
- **Older People:** improved quality of life

The Integrated Wellness Service supports the One Halton systems leadership approach by working closely in partnership to innovate and improve health and wellbeing.

- 3.3 The Annual Report (Halton Integrated Wellness Service Annual report April 2017 – March 2018) demonstrates the positive health and wellbeing outcomes delivered by the integrated service - please refer to full report included as Appendix 1 and supporting case studies Appendix 2 & 3.

#### 4.0 **POLICY IMPLICATIONS**

The Integrated Wellness Service contributes to the outcomes outlined in Halton's Health and Wellbeing Strategy. The service also contributes to the outcomes required by Public Health, NHS Better Care Fund and Adult Social Care Outcome Frameworks.

#### 5.0 **OTHER/FINANCIAL IMPLICATIONS**

- 5.1 The service will continue to look to generate income via training and the delivery of external contracts.

#### 6.0 **RISK ANALYSIS**

- 6.1 N/A

#### 7.0 **EQUALITY & DIVERSITY ISSUES**

- 7.1 It has not been appropriate, at this stage, to complete a Equality Impact Assessment (EIA)

#### 8.0 **LIST OF BACKGROUND PAPERS UNDER SECTION 100D OF THE LOCAL GOVERNMENT ACT 1972**

None.